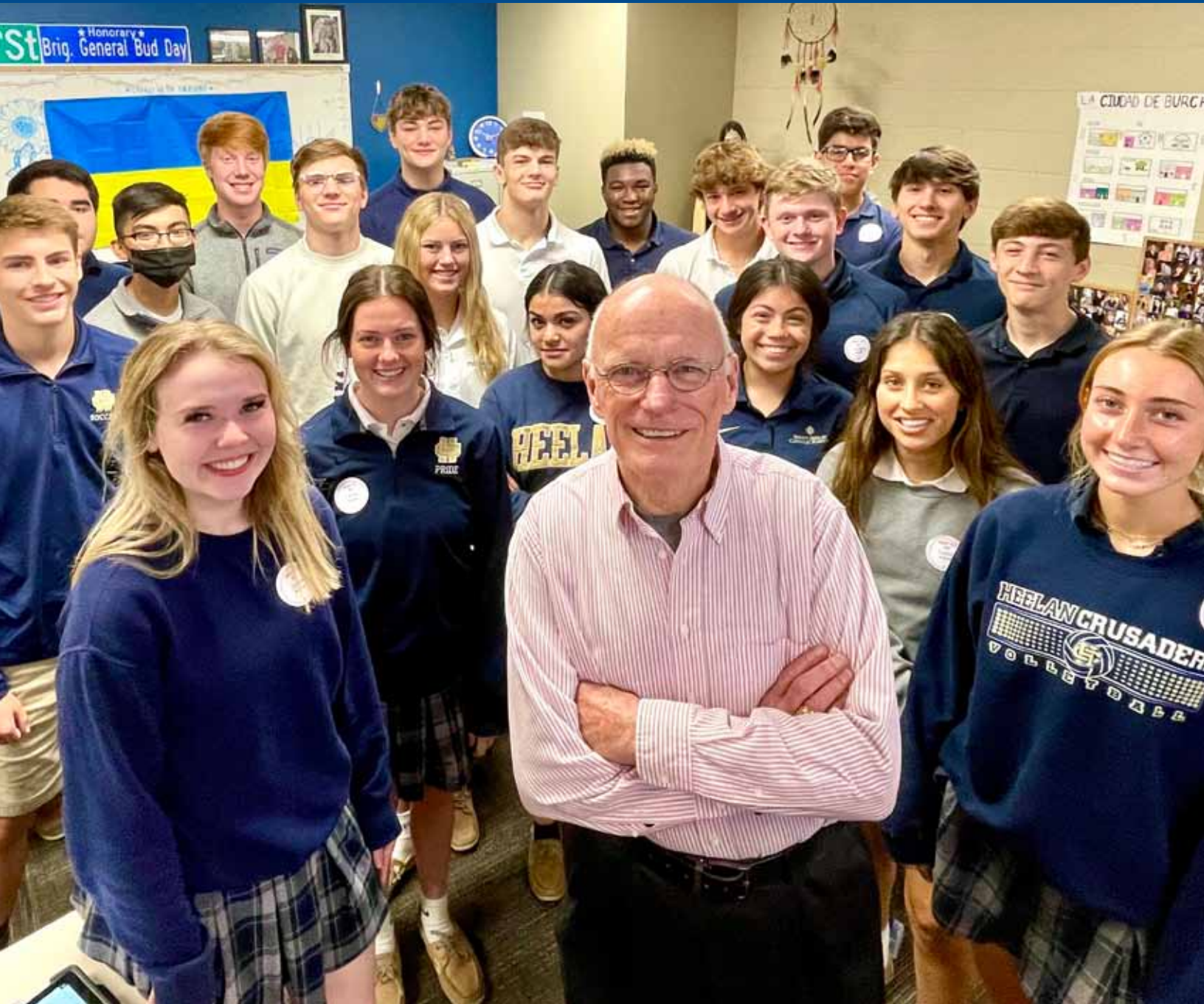


CRUSADER CONNECTION



Why Iowans Should Consider a Gift of Catholic Education

What is the Monsignor Lafferty Tuition Foundation? (MLTF)

It is a foundation with the Diocese of Sioux City that offers a 75% Iowa Tax Credit to persons and businesses that donate to help students with tuition.

How many Heelan System students receive tuition help?

549 students in grades K-12 received tuition grants in 2021-22.

Do tax advisors know about MLTF?

They do! A 75% Iowa tax credit is significant, and far more powerful than a deduction. Many who donate enjoy federal tax benefits, too.

Does Heelan have a goal for gifts?

YES! PLEASE help us reach our goal of \$954,000, the highest in the Diocese, so our students don't lose out on vital tuition support.

Do you have to be wealthy or Catholic to support MLTF?

No. Donations range from \$25 on up. We have generous non-Catholics and donations of all sizes.

What is the deadline for donations?

Dec. 31, 2022 or until credits are gone.

How do I claim my Tax Credit?

A Tax Credit Certificate will be mailed to you in January to file with your tax returns.

Who will I help with a gift?

Bishop Heelan students in every classroom; athletes; students in music, theater, debate and more; teens who play in school and K-8 students, too.

How do I donate?

Give online or find the printed gift form at bishopheelan.org/MLTF. Questions? Call 712-252-1350. You can give in several ways. Write a check. Use your credit card. Donate Stock or Donate Grain.



Heritage Society Member Remembers Heelan in His Will

Dr. John Marley '50 of Glenwood, Iowa was in the first graduating class of Heelan, served on the dental faculty of Creighton University for decades, provided dental care to the poor in the Dominican Republic, rode in RAGBRAI, loved his Catholic Church, and cheered his grandkids at all their games.

A member of the Heelan Heritage Society, he never forgot his alma mater. After he passed last December, Heelan learned of his continued care with the gift he left in his will. God bless John Marley, who supported Heelan during his life, and after.

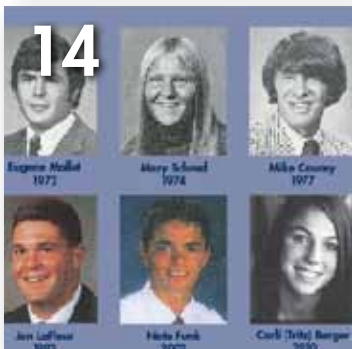
You can help assure a Catholic education in Sioux City for future generations. Include a bequest in your will or make another type of planned gift and become a member of the Bishop Edmond Heelan Heritage Society.

Learn more at bishopheelan.org/planned-giving or contact Tom Betz at tom.betz@bishopheelan.org or 712-224-0410.



Dr. John Flanery joins Dr. John Marley '50, Don Cimpl '50 and Ed McCarthy '52 in Omaha last fall. Marley was a member of the Bishop Edmond Heelan Heritage Society.

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CRUSADER CONNECTION

The Crusader Connection is published once a year for alumni and friends of Bishop Heelan High School, part of the city-wide Bishop Heelan Catholic Schools PK-12 system.

Our Mission

The Bishop Heelan Catholic Schools relate the total student to God through an excellent education leading toward a lifetime of service.

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and Instagram 

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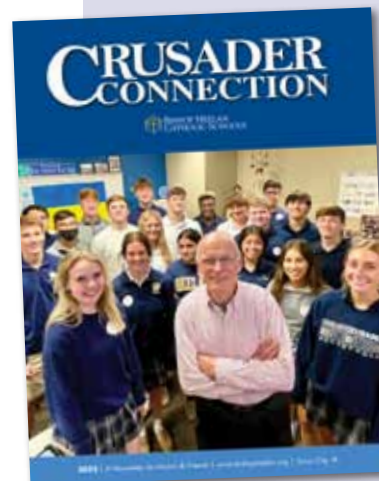
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Want to enjoy our *Heelan Highline* Enewsletter with short news highlights each month?

Email Tammy.eveleth@bishopheelan.org



On the cover

Brendan Burchard '60 reflects on 53 years of teaching with his Christian Lifestyles class last May.

Welcome Fr. Travis Crotty

Fr. Travis Crotty is the new Chaplain at Bishop Heelan High School. He will celebrate weekly Masses on Tuesdays and work with campus minister Lexi Ricke on special activities to nurture students' Catholic faith.

A native of Varina, Iowa, Fr. Crotty graduated from Kenrick Seminary in St. Louis, was ordained in 2020, and served as Chaplain at Gehlen Catholic High School and at All Saints Parish in Le Mars.

"I look forward to helping students at Heelan seek to follow The Lord in a personal, daily relationship," he said.

Fr. Crotty succeeds Fr. Shane Deman '99 who is now the Vice-Rector for Formation Kenrick-Glennon Seminary in St. Louis, and continues joining Fr. Deman on the podcast "Outcast Catholic," a 20-minute program targeted to young Catholics.



Fr. Travis Crotty

LaFleur Takes Football Reins

Jon LaFleur '93, a former Heelan stand-out athlete, a former assistant for football and softball, is now new head football coach.

After a stellar football record at Heelan, LaFleur was a four-year starter at defensive tackle and a team captain at the University of Iowa, under legendary coach Hayden Fry.

His dad, Dan LaFleur, '71, a major athlete at Heelan, also played for the Hawks for four seasons.

As a student at Bishop Heelan, LaFleur excelled in basketball and baseball and earned state championships in the shot put his junior and senior year. He was named first team All-state in football for two years and was prep All-American his senior year.

"Heelan football gave me the opportunity to get a great education and play football at the University of Iowa," LaFleur said. "Now is a great time to be able to give something back."

LaFleur and his wife, Katie '93, are the parents of Abbie '18; Emma '19; Lauren, a senior and Madelyn, a sophomore. He works as a livestock broker for LaFleur Brothers.



Jon LaFleur



Students Benefit from Antioch Lounge

A stairwell cove in our new high school has been transformed into "Antioch Lounge," a comfortable space for small groups, bible studies, prayer groups and meetings with Campus Minister Lexie Ricke.

"Our Heelan chapel is ideal for Mass and prayer," said Ricke. "Our new lounge area is more suited to informal and social interactions."

Michaelson Leads 318

Bishop Heelan's new Dean is Bob Michaelson, a retired teacher of Sioux City Community Schools and former softball coach who brings a wealth of experience to the Dean's post at Heelan.

Michaelson taught for 35 years, 30 of those at West Middle School in Sioux City. He has a bachelor's from Buena Vista and a master's in school administration from Wayne State University.

He is the spouse of the former Kate Walker, a previous Heelan faculty member and yearbook advisor with children Trinity and Solomon Walker who attend Heelan.



Bob Michaelson

Hahn is New Boys Basketball Coach

Matt Hahn, a 2020 Morningside University graduate and former Mustang basketball forward, is Bishop Heelan's new head basketball coach, succeeding Andy Foster, who stepped down to focus on his co-athletic director duties at Heelan.

Hahn previously served as assistant varsity basketball coach at Fremont High School and head coach of junior varsity. He played varsity basketball at Fremont, a school of 1200 students.

At Morningside, Hahn was a three year starter and voted two time team defensive player of the year and named GPAC All-Conference second team two consecutive years. The Mustangs went 27-3 during Hahn's senior year.

An elementary education major, Hahn is now teaching second grade at Holy Cross School.



Matt Hahn

Students Receive "Word on Fire"

Every student and teacher at Heelan now has their own leather-bound Bible, thanks to a couple from Omaha.

Donors Bill and Sandy Drexel have donated Bibles to several other Catholic schools.

The "Word on Fire Bibles: The Gospels" feature art, daily Mass Gospel readings and commentary from historical and current church leaders.

Students study world history in school to gain a better understanding of the world. At Heelan students study the Bible and theology to learn about the teachings of Jesus Christ to help guide their lives as they grow and learn to navigate the world.



Guidance Leader is Good Shepherd

Career Advisor. Student advocate. Coach. Sports announcer. And now award winner.

Bob Geary, Director of Guidance at Heelan received the Good Shepherd Award from the Diocese of Sioux City at the Bishop's Dinner for Catholic Schools in September.

Co-workers, students, parents and staff members joined together to nominate Geary and praise him for his lifelong impact on students.

Geary joined the staff in 2002. Over the years, he has served as athletic director, director of guidance and an assistant basketball coach for numerous teams, most memorably Heelan's three consecutive Boys State Basketball Championship teams in 2009-2011.

Now retired from coaching, he broadcasts Heelan basketball games on KFHC Catholic Radio. He has announced hundreds of games, spending more time preparing and traveling.

Geary's most dramatic impact is however, serving as Heelan's Guidance Director. He helps students prepare for college and apply for scholarships for both Heelan and college, said Dr. John Flanery, Bishop Heelan school system president.



Guidance Director Bob Geary has advised 2,000 students.

"Our average statistics show that 95% of our high school seniors attend college with nearly 85% of those students attending a four year school," Flanery said. "The biggest reason our students receive college scholarship offers is because of the efforts of Bob. He seeks every opportunity for our students to apply and pursue these financial advantages.

"Bob truly has the heart of a shepherd looking after the Heelan 'sheep,'" said his Guidance office co-workers Marla Pluim, Deb Rosauer and Allie Mousel.

Geary strengthened the guidance office, said Tom Betz, advancement vice president. He saw the need for mental health expertise and Heelan now has a full-time counselor in that field.

"I personally have had three children attend Bishop Heelan," said Betz. "All three have felt the impact of Bob and are realizing their dreams."

Rhonda Leuer, Sacred Heart second grade teacher, and Becky Wulf, Mater Dei literature/head teacher, received Excellence in Education awards at the dinner.



Bishop Walker Nickless presenting Bob Geary with his award.

Spanish 102 Classroom Named After Long-Time Teacher

On a school afternoon last February, longtime Spanish teacher Jeri Sturges '85, aka "Sturg," walked out of her classroom to an unexpected cluster of TV news cameras and fans. The surprise?

The announcement that her classroom has been named in her honor by Brad and Jean Moore of Sterling Computers, donors of a generous PRIDE campaign gift for new Heelan that gave them the privilege to name a classroom.

Jean Moore, a former Spanish teacher and parent at Heelan, never forgot teaching across the hall from Sturges years ago. She saw Sturges in action on a daily basis and remembers students calling out to the teacher in the halls of Heelan.



Jeri Sturges with Brad and Jean Moore.

"She's helping to raise those kids to be Christians, to be servants, to follow the gospel values and to be good responsible human beings," Jean said. "That to me is what Heelan is all about and she embodies all of that."

"She's a great teacher," said 2022 senior Levi Meis, "She's super nice and she makes sure Spanish class is always fun."

"I just come (to school) with a smile on my face and work to make engaging lessons and try to keep students involved in class," she said humbly. "I try to know them not only as students but as people."

Sturg has taught Spanish to nearly 4,000 students at Heelan for 35 years.

Gracias, Sturg!



Jeri Sturges with class.

Student PRIDE in Action



Our 2022 Homecoming court with Queen Reese Chicoine and King Jason Breen.



Heelan Girls Basketball plays in Class 4A Championship Game, finishes as runner-up.



Never a dull moment in art class.



Biology students dissect fetal pigs in an important science lesson.



Heelan wrestlers enjoyed a strong season, especially Sir Brandon Watts who earned a podium spot at state and Ethan DeLeon who was state runner-up in his weight class.



Show Choir shines in our Crusader Classic, new held in the O'Gorman Fieldhouse and the Auditorium.



Lauren (Brobst) Boatman '13 named 2022 Volleyball Coach of the Year last winter by the SC Journal.



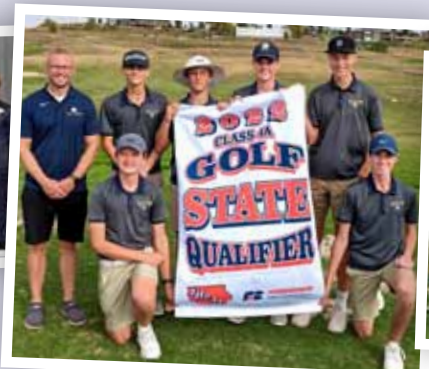
Heelan Miracle Makers presented a whopping check to Iowa "Make a Wish" of Iowa last spring.



Heelan and elementary students assembled nearly 115,000 nutritious meals for the poor in Honduras as part of the annual "Then Feed Just One" program. The day, held in the CYO, unites all of our schools in service to others.



Happy Royalty at Heelan's spring Prom in 2022.



Heelan boys golf went to state for the first time in 23 years.



Heelan Soccer Punches Ticket to State.

Alumni Yearbook Photo Feature

Class of 2022

These pages are dedicated to our graduates with parents, grandparents and great grandparents who are alumni of Heelan, Trinity and Cathedral High Schools. We pray for their success and God's blessings in the years ahead.



Mara Aesoph '22 Joellen (Aesoph) Holles '88



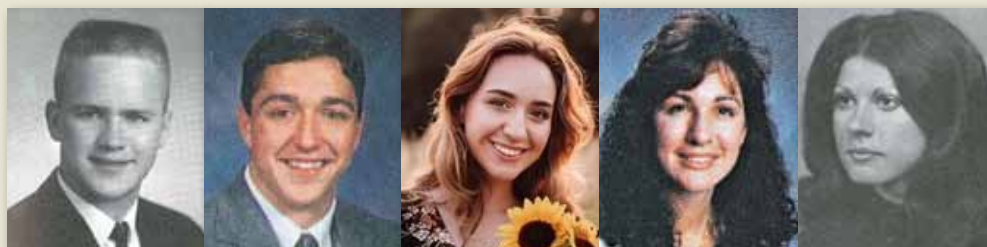
Carli Antonovich '22 Zachary Antonovich '03



Ellie Betz '22 Tom Betz '85 Bill Betz Trinity x47



Kole Bossow '22 Paula Bossow '92



Dennis Bousquet '65 Joseph Bousquet '96 **Natalie Bousquet '22** April (Bitters) Bousquet '96 Margaret (Udell) Bitters '75



Erick Carlberg '22 Leo J. Carlberg '88 Leo Carlberg '57



Mia Conley '22 Jeffrey Conley '93 Steve Conley '67



Madilyn Cramer '22 Jennifer (Cramer) Hacker '97



Anna Erickson '22 Nicole (Lloyd) Erickson '94



Anna Fenton '22 Molly (McGill) Fenton '96 Julie (Lamoureux) McGill '66

Highlights of 2022 Graduating Class

- 104 graduates in Class of 2022
- Valedictorian and Salutatorian: Jake Wiest and Joseph Meyer
- National Merit Finalists: Jake Wiest and Joseph Meyer
- 95% are pursuing college; 79% in four-year institutions
- Four total pursuing the Military
- Jake McGowan appointee: U.S. Naval Academy
- 80% offered nearly \$10 million in academic scholarships
- 80% took college credit courses
- 50% have compiled 60 hours or more of community service
- 42% have Heelan grad parents or grandparents



Franny Fiedler '22



Mary (Worden) Fiedler '80



Isaac Fiedler '22



Mary (Worden) Fiedler '80



Ella Fitzpatrick '22



Chris Fitzpatrick '93



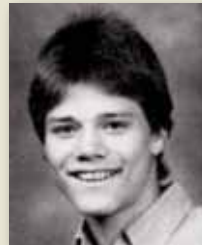
Steve Fitzpatrick '70



Hannah Fitzpatrick '22



Shane Fitzpatrick '99



Barry Froehlich '85



London Froehlich '22



Melissa (Senger) Froehlich '85



Joseph Gill '61



Mildred (Lynch) Gill '59



Joseph Gill '89



Ian Gill '22



Jennifer (Wiltgen) Gill '89



Dennis Wiltgen '62



Lily Graham '22



Keri (Newman) Graham '94



Jody (Pechacek) Graham '60



Lydia Green '22



Susan (Beals) Green '90



Mary Lou (Hedemark) Beals '53



Nick Hegarty '96



Grant Hegarty '22



Amber (Ellerbroek) Hegarty '94



Taylor Jochum '22



Gregory Jochum '93



Leo Jochum '63



Alaina Joly '22

Barb (Dagle) Vakulskas '66

Tom Vakulskas '66



Asia-Danielle Keane '22

Daniel Keane '75

Dorothy (Meyer) Keane '40 Cathedral

Kenneth Keane '39 Trinity



Noah Kirchmeier '22

Jacob Kirchmeier '93



Aidan Kuehl '22

Erin (Burchard) Kuehl '88

Brendan Burchard '60



Caden LaFleur '22

Matt LaFleur '92

Kathy (Cronin) LaFleur '71



Jacob Lee '22

Sarah (Wigton) Lee '92

Kay (Ross) Wigton '66

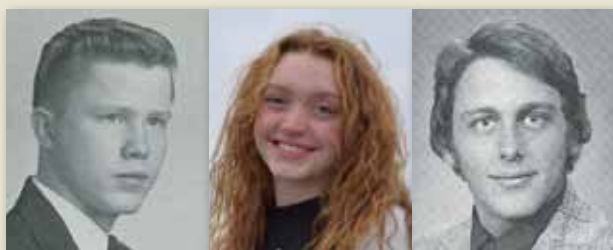
Timothy Wigton '66



Laynee Lehmann '22

Matthew Lehmann '93

Janice (Plendl) Lehmann '60



Tom Guillaume '60

Anna McCarthy '22

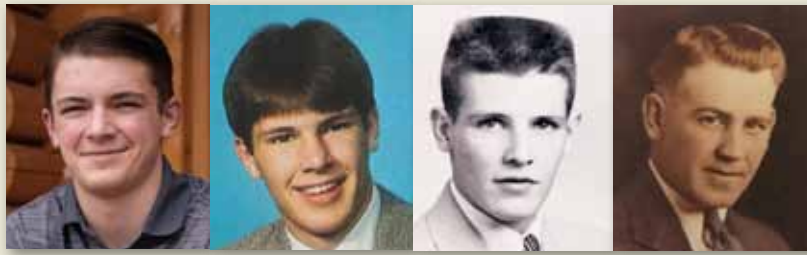
Dennis McCarthy '77



Molly McCarthy '22

Greg McCarthy '85

Marilyn (Eufers) McCarthy '53



Jacob McGowan '22

Chris McGowan '85

Gerald McGowan '55

Alexander McGowan '20



Robert Miller '61

Jeff Miller '95

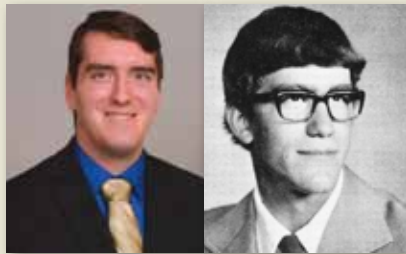
Nicholas Miller '22

Melissa (Barber) Miller '98



Elizabeth Mullins '22

Linda (Fleck) Mullins '66



Joseph O'Gara '22

Michael O'Gara '79



Luke Payer '22

Teresa (Coffey) Payer '87

Mary (Mummert) Coffey '50

John Coffey Trinity '49



Krage Feste '72

Teresa (Neri) Feste '72

Phillip Neri '50



Mary Ann (Keller) Petty '59

Milton Petty '58



Jenny (Feste) Petty '96

Luke Petty '22

Mark Petty '95



Carter Ritz '22

Ellen (Schanke)
Ritz '57

Larry Ritz '56



**Gracie
Rooney '22**

Chad Rooney '92

Shella (Parks)
Rooney '70

Patrick Rooney '69



Shennen Saltzman '85

**Teddy
Saltzman '22**

Kathleen
(Dougherty)
Saltzman '84

Shivaun (Murphy)
Dougherty
Cathedral '47

Dr. John Dougherty
Trinity '45

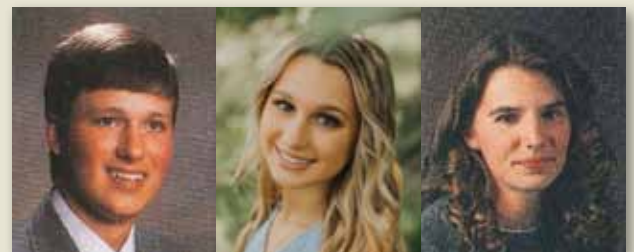


**Evan
Schultz '22**

Steve
Schultz '93

Ann (Homan)
Schultz '66

Ron Schultz '66



Joe Stanek '91

**Ryelle
Stanek '22**

Nicole (Wiltgen)
Stanek '96



**Hannah
Tastad '22**

Melissa (Tastad)
Lendt '03

Terry (Biggerstaff)
Tastad '81

Jeanne (Huigens)
Biggerstaff '60



Ireland Uhl '22 Jason Uhl '93 Maurice Uhl '69



Olivia Venne '22 Beth (Barkley) Venne '90 Bill Barkley '61



Michael Wilmes '22 Kevin Wilmes '85 Louise (Hogh) Wilmes '60 Mike Wilmes '60



Class of 2022

Our college-bound Class of 2022 with their chosen colleges.

Josie Abramo, Mara Aesoph, Carter Aldrich, Carli Antonovich, Karina Argueta, Ricardo Arteaga, Mariah Augustine, Ellie Betz, Victor Bird, Janyia Booker, Kole Bossow, Natalie Bousquet, Alondra Camberos, Erick Carlberg, Liam Cleary, Mia Conley, Robert Cooper, Madilyn Cramer, Daniela DeLeon Angel, Anna Erickson, Addison Ernst, Anna Fenton, Isaac Fiedler, Frances Fiedler, Ella Fitzpatrick, Hannah Fitzpatrick, Keegan Flanigan, Jacqueline Fox, Juan Francisquez Luquez, Jackson Freebern, London Froehlich, Keyan Fulton, Gabriela Garcia, Clarisa Garcia Ramirez, Kaleb Gengler, Ian Gill, Marcela Gonzalez, Alondra Gonzalez, Lily Graham, Olivia Greaves, Lydia Green, Shane Gries, Ellen Halbur, Grant Hegarty, Cesar Hernandez, Ava Higman, Alexa Hurtado, Taylor Jochum, Audrey Johnson, Alaina Joly, Asia-Danielle Keane, Carli Kearney, Supakorn Khunanopparat, Noah Kirchmeier, Aidan Kuehl, Caden LaFleur, Nathan Lawler, Jacob Lee, Laynee Lehmann, Jacob Liewer, Yatzari Lopez, Kayla Maguire, Kathleen Maly, Isabel Martinez, Anna McCarthy, Molly McCarthy, Jacob McGowan, Levi Meis, Joseph Meyer, Rehman Mian, Nicholas Miller, Samuel Mollet, Brooklyn Moreno, Elizabeth Mullins, Erika Munchrath, Jerry Nichols, Celeste Ochoa-Lemus, Joseph O'Gara, Luke Payer, Jayden Pelster, Melanie Perez, Arisbeth Perez Padilla, Luke Petty, Carter Ritz, Gracie Rooney, Roberto Rundquist, Teddy Saltzman, Michael Saulsbury, Evan Schultz, Julia Snapp, Ryelle Stanek, Christopher Taracena, Hannah Tastad, Ireland Uhl, Sayda Velasquez Mejia, Marcela Velazquez Perez, Olivia Venne, Joslyn Verzal, Jakob Wiest, Michael Wilmes, Jair Zavala, Oliver Zavala Marquez



Burchard with his Christian Lifestyles class in May 2022.

Coach Burchard Retires

Reprinted in edited form courtesy of the Sioux City Journal and the Lumen of the Diocese of Sioux City

They call him “Coach” Burchard or sometimes simply “Burch,” but faculty members as well as past and present students have been stopped by Brendan Burchard’s theology classroom with increasing frequency in spring.

They wanted to share stories or just say “thank you” before the veteran teacher retired from Bishop Heelan High School on May 27, after a record-breaking 53 years.

Yes, you read that right.

Burchard began his Heelan career in 1969, the same year that Neil Armstrong walked on the moon and “The Brady Bunch” premiered on TV.

“My time at Heelan actually started earlier than that,” he explained. “I’m a 1960 Heelan High School grad who then graduated from Morningside College (now University). I taught at Briar Cliff for a few years before coming back to Heelan.” During his time at the school, Burchard has taught physical education, world history, religion and, even for a while, typing.

In addition, he coached the Crusaders football, track and wrestling teams for 42 years, and established friendships that will last a lifetime.

The next generation

“Recently, I had a student who told me I was a classmate of her great-grandma,” he said with a slight groan. “If that doesn’t make you feel old, nothing will.”

At age 80, Burchard remains extremely disciplined. He lifts weights and swims a mile every day before going to Mass.

“I’m one of those guys you see at the Y at 5:30 in the morning,” he explained.

“I’ve always considered Heelan to be my home away and the people who’ve come and gone have also been family to me,” he said, smiling.

This includes the former high school football players whom Burchard continue to see decades after graduation.

“It means a lot to me when my students become my friends,” he said. “It’s special when you can share a Guinness with them, years later, and still have that connection.”

Past and present students knew where they could find Burchard -- at many Crusaders sporting events.

“When we were at ‘The Pit’ (Heelan’s former gymnasium), I had a favorite spot to stand,” Burchard explained. “Before they tore the old gym down, they saved a piece of the hardwood floor and gave it to me as a gift.”

After retirement, Burchard promises to be a regular spectator. After all, once a Crusader, always a Crusader.

Remembering the school

“I have been fortunate to work with so many people that I both like and respect. I’m sure everyone will think this is crazy but I’ll even miss being around 17-year-old kids on a daily basis,” he said.

“The kids have been a big part of my life for the past 53 years.”

Why He Stayed at Heelan

Burchard reflected on his 53 years of service during his third period Christian Lifestyles class in May, where students proclaimed themselves as his favorite class.

“How come I stayed?,” said Burchard.. “There are probably about 9,000 reasons why I stayed – that would be all of the former students that I have been blessed to teach. I had opportunities to go elsewhere for considerably more money but that was really never a consideration.”

Physical education was his mainstay for 12 to 13 years. It was in 1981 when then principal Father Victor Ramaeker asked him to teach Church History.

“Why would Father Ramaeker want a phys ed teacher with no background, (to teach theology,) Burchard wondered “but he made a statement, ‘You love the church.’”

Teaching at the school impacted his faith “more than you can imagine.”

“For me (it was important) to be able to practice my faith daily in the classroom. I’m not knocking other institutions – but I wouldn’t be able to do that if I was anywhere else.”

2009 Grad Living the Dream

by Tom Betz '85

Not many of us get to live out our childhood dreams. Christopher Rickert '09 is the exception.

Growing up on the northside, Christopher the son of Mike '76 and Liz '76 Feste Rickert and the rest of the family of six experienced what could be classified as an "old school" neighborhood upbringing. They would wake up and head outdoors to see what fun and trouble they could find.

"The neighborhood was our playground" says Christopher. "Families like the Doughertys, Krommenhoeks and Bergers were family, and we would always find a game to play or something to do. It was a great time to be a kid.

When Christopher entered Heelan as a freshman in fall of 2005, he was a five-foot-4, 98 pounds. By college he grew to 6'2.



C-Rick with Boys Basketball Coach Tom Betz after their 2009 state championship assembly.

In the classroom, "C-Rick", as he was known by his teammates, remembers Mary Kay Augustine, Pat Sitzmann and Jeri Sturges, educators who pushed him to be his best.

He worked at sports, too.

"Athletics has always been important to me," he said. "I knew that when I grew up that I didn't want that to end."

The University of Iowa was his college choice. "Big school with big opportunities." He fit in from day 1.

During his free time, Christopher played a lot of intramural basketball and became a captain of his dorm team. Iowa woman's basketball coach Lisa Bluder came calling for guys to join the women's practice squad. "C-Rick" was all in. The free Nike gear alone was a motivating factor for a gym rat like him.

The following year Coach Bluder informed Christopher that there was a spot available for a "walk-on" with Coach Fran men's basketball team. She encouraged him to give it a shot and join about 40 students vying for that one spot.

After the last day of tryouts at Carver Hawkeye Arena Christopher made his way to the coach's offices and gave Coach, Coach

"I played football my freshman year. Every Heelan boy needs to put on that gold helmet at least once!" he said. "As a sophomore I decided that cross country would suit me better. I could be a football superfan and leave the touchdowns to Brandon Wegher."

Christopher's high school experience was phenomenal. The Class of '09 won the state football championship and he played an integral part in the school's first boys basketball state championship that same year as a super sub.



C-Rick is now married to Emily Wills, another Hawkeye.



Christopher Rickert '09 (second from right) poses with Iowa men's basketball coach Fran McCaffery (far right) with his father, Mike '76, mother Liz '76, and brother, Tom '08 at Carver-Hawkeye Arena in Iowa City.

Kirk Speraw and others "my best Rudy impersonation, that I would work my tail off every day to make the Hawkeyes better and expect nothing in return."

The next two years he became a member of the men's basketball team reuniting with former Crusader and Hawkeye standout Zach McCabe '10.

"We were there to run the opposing team's offense to perfection and to guard the top players without fear," he said. "I usually guarded future NBA player Devyn Marble. Every day was a challenge." As a senior, Christopher appeared in 13 games for the Hawks and counts his Division 1 athlete experiences and "Senior Day" with Eric May as highlights of his career.

"Chris was a valuable member of our early teams at Iowa," Speraw said. "He always brought energy and toughness to our scout team and was an exceptional teammate on and off the court."

Since his 2013 graduation from Iowa, Christopher has worked with Wilson Sporting Goods in Chicago. Starting as a E-commerce specialist, he has spent the last five years overseeing Team Sports product development working with the WNBA, NBA and NCAA on new basketballs.

"I was able to work with Chris Paul and a number of NBA players in developing the new prototypes until they found the basketball that they liked the best," he said. "It has been a so rewarding to work with a company that is involved in elevating both men's and women's team sports across the globe."

Christopher Rickert...living the dream.



C-Rick playing as a Hawkeye.

We're Just Wild About Harry

by Tom Betz '85

"Play me or trade me coach."

That's what a 1972 Crusader had the "courage" to say to legendary football coach Beanie Cooper when he was a junior in the fall of 1970.

The one and only Harry Bryson moved to Sioux City during his eighth grade year from Chicago and immediately enrolled at St. Boniface School.

When it came time to pick a high school, Harry's grandmother Beulah Webb, knew that there was no decision to be made. Harry would attend Heelan.

Harry was one of a handful of African American students at Heelan back in the early '70s. He claims that there were never any issues,

"We were all family," Harry said. "I was always taught that it is the content of your character and not the color of one's skin that counts. Heelan was and is close to me because of the relationships that I built and have lasted."

Harry was a four-sport letterwinner at Heelan. While he eventually followed his dream and played baseball in college, he made his mark in Heelan football.

Playing varsity football behind the "touchdown twins" Eugene Mollet and Dan Sanem, Harry was not seeing as much playing time as he had hoped.

"Gene and Dan were outstanding athletes, but more outstanding people," Harry said. Wanting to help

his team on the field, he approached Coach Cooper with his "play me or trade me" message.

Coach Cooper didn't flinch. Harry, in his No. 1 jersey, became a lightning bolt of a return specialist for his junior and senior years. His first varsity kickoff return went for a Heelan touchdown!

Playing also as a defensive back, he helped the Crusaders earn state and national Catholic School Championships in 1971.

While his comment to Coach Cooper seems too bold to him today, he's thrilled he was part of the action.

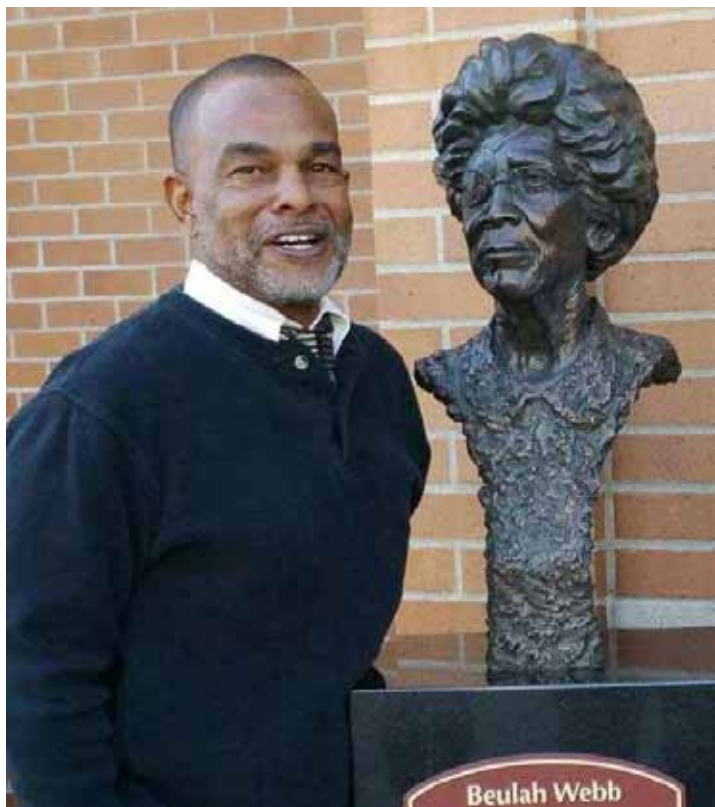
"That team was talented," Harry said. "Our practices were so competitive that the games came easy."

CYO socials and dinners at the Cooper home were memorable, as well as a special trip to Estes Park with Fellowship of Christian Athlete members and Coach Brendan Burchard. It all made a big impact on Harry.

Today Harry still counts his high school friendships as some of the best, connections with guys like Krage Feste, Bob Baxter and Pat Beck. He's been a consistent fan at



Harry in action on the basketball court.



Harry Bryson '72 stands with a Sioux City sculpture of his grandmother Beulah Webb, a community advocate for immigrants, people of color and senior citizens.

Heelan athletic and alumni events in the Council Bluffs / Omaha area over the years.

Most important, Harry has spent his adult life giving back. He has devoted years of his life to being a track coach, youth counselor or mentor.

He and his wife, Felicia, are the happy parents of four children, Whitney, Leilani, Kobe and Donatello.

Harry said that Heelan did provide him a "lifetime advantage" as well as a lifetime of fond memories of his alma mater.



Harry applauds Heelan's '72 football state championship with Coach Cooper, KCAU Sports Director Gene Sherman and Heelan School Superintendent Dr. Armand Elbert.



Ray Lemek
1952



Leo Miller
1962



Eugene Mollet
1972



Mary Schrad
1974



Mike Courey
1977



John Harty
1977



Don Wengert
1988



Jon LaFleur
1993



Nate Funk
2002



Carli (Tritz) Berger
2010

Meet Our First Inductees: Heelan Hall of PRIDE

Bishop Heelan has created a Hall of PRIDE to showcase alumni who have contributed to Heelan's athletic success and created lifelong memories for fans, friends and families.

They were honored at a football game and formally inducted in the Hall of PRIDE Oct. 8 at a special banquet.

They represent a wide variety of Heelan sports over six decades.

Nominations were opened in 2021 for consideration by a committee representing former boys and girls coaches, athletes and teachers. Criteria includes All State, State Champions, Post High School Achievement and those who have made exceptional contributions to the athletic programs at Bishop Heelan Catholic High School.

"We are excited to celebrate the student-athletes who made memories and enshrine them in a Heelan Hall of PRIDE so their stories can continue to be told to future Crusaders for generations to come," said Jay Wright, co-athletic director.

A Hall of Fame has been a dream at Heelan, added Tom Betz, '85 a former athlete and coach, now vice president of advancement.

"This will spark a thousand stories that help tell the history of Heelan," Betz said. Persons are eligible for the Hall of PRIDE five years after graduation.

View the bios of each inductee and Hall of PRIDE video highlights at bishopheelan.org/hallofpride.



Hall of PRIDE inductees, honored in October, from left are: Bob Kull '85, accepting for his uncle, the late Ray Lemke '52; John Harty '77; Dan Kelly, accepting for the late Mike Courey '77, Gene Mollet '72; Mary Schrad '74; Don Wengert '88; Jon LaFleur '93; Nate Funk '02 and Carli (Tritz) Berger '10. Missing is Mark Miller, accepting for the late Leo Miller '62.

Upgraded Weight Room Benefits Students

The Bishop Heelan weight room was further transformed during the summer with fresh paint throughout, new lighting and more to go along with its new equipment.

In addition to the 14 strength stations in the double-sided racks there are new benches, barbells and 10,000 pounds of new rubber competition plates. The upgrade can better meet the needs of students working out for class, sports or personal fitness.

A focal point in the room is the "Crusader bridge" with upper crossover bars to build strength and agility. The racks provide space for bench press, squats, pull-ups, hang cleans and more.

With the new racks, students can complete a better and safer workout for individual team training, exercise science classes, conditioning, recovery and injury prevention, said Trevor Westhoff, Heelan strength and conditioning coach.

The racks were produced and donated by Masaba, a business



owned by Jerad and Peggy Higman, Heelan system parents who also led fundraising to purchase new equipment. The 2021 Heelan Auction Fund-A Cause appeal raised \$46,000 and private donations they solicited raised more.

"We can now give the kids a better foundation physically to train for their sports, teach them how to move properly, and create a fun environment to teach them lifelong skills that they can carry into adulthood," said Trevor Westhoff.

Thank you to Our Heelan Scholarship Donors!

We are blessed to have benefactors who have funded over 30 endowed and annual merit scholarships at Heelan, named in recognition of loved ones. Because of their generosity \$57,800 was awarded to 89 students attending Heelan this year.

Donor criteria is based on need; academics; participation in activities and athletics; service; school spirit, character and other factors.

From left, Sophia Stabile, Julianna Verzal and Sean Schaefer are among the 89 students who filled out applications, wrote essays and received merit scholarships to attend Heelan this year.



Amy Graves-Mace Service Scholarship
\$500 each awarded to 2 students

Barb Peterson Life Skills Scholarship
\$500 awarded to 1 student

Brian Goetz Memorial Scholarship
\$500 each awarded to 4 students

Carrie Mach Spirit of Life
\$500 awarded to 1 student

Clement E. Duffy Scholarship
\$1,000 each awarded to 2 students

Col. V. Thomas Considine Memorial Scholarship
\$500 awarded to 1 student

Dave Sabag Memorial Scholarship
\$1,000 awarded to 1 student

Ed and Margaret Lamkin Scholarship
\$500 each to 2 students

Edward and Rose O’Kane Scholarship
\$500 each awarded to 8 students

Father Al. McCoy Scholarship
\$500 each awarded to 10 students

Fred Lennon Scholarship
\$1,000 awarded to 1 student

Guadalupe
\$700 each awarded to 9 students

Henry and Linda Metz Single Parent Scholarship
\$1,000 each to 2 students

Isaac Roerig Memorial Scholarship
\$500 awarded to 1 student

Jack and Margaret Gill Scholarship
\$500 each to 2 students

Jeff Poss Memorial Scholarship
\$1,000 each to 2 students

Jon Olson Business Scholarship
\$1,000 to 1 student

Kay Bennett Irish Heritage Scholarship
\$500 each awarded to 3 students

LuVerne Duffy Scholarship
\$1,000 each awarded to 8 students

Mary Ann Callais Longstreth Scholarship
\$1,000 each awarded to 2 students

Mary Helen & Terence McElroy Music Scholarship
\$500 awarded to 1 student

Maury Tomke Scholarship
\$100 awarded to 1 student

Michael Kuehl Memorial Scholarship
\$1,000 each awarded to 4 students

Norma Jean McGowan Music Scholarship
\$150 awarded to 1 student

Ray O’Neill Memorial Scholarship
\$500 each awarded to 8 students

Roger and Della McCoy Scholarship
\$500 awarded to 1 student

Sisters of Charity Award
\$1,000 each awarded to 2 students

Spirit of 75 Championship Scholarship
\$500 each awarded to 2 students

James & Theresa Verschoor PRIDE Scholarship
\$500 each awarded to 2 students

Wendy (Verschoor) Sanderson Memorial Scholarship
\$1,000 awarded to 1 student

Call Janet Flanagan or Tom Betz 712-252-1350 to discuss how you can honor loved ones with a Memorial that can help a student with Heelan tuition.

Scholarship Honors Mary Ann (Callais) ’72 Longstreth

Mary Ann (Callais) Longstreth ’72 received a unique connection to Heelan last Christmas. Her daughter, Jessica, asked her, “If you had all of the money in the world, what would you do with it?”

Without a second thought, Mary Ann said, “I would help students attend Heelan.”

So on Christmas Day, her daughter surprised her with a framed certificate stating that a \$25,000 endowed scholarship has been established to benefit a student at Heelan who comes from a family with a child who has special needs.

“I’ve wanted to do this my whole life,” Mary Ann says. “I just can’t believe it!”

Her passion comes from her own personal situation. Mary Ann’s parents “Frenchie” and Blanche Callais, were able to send Mary Ann and her sister, Jane ’69, to Heelan; but a son, James, had needs that Heelan could not fulfill.

Now thanks to Jessica’s special gift, her scholarship can help other future families.



Mary Ann Callais with her scholarship “gift”

Memorial Scholarship Honors Dr. Kenneth and Dorothy Keane

How do you honor a Catholic mother and father like Dr. Kenneth and Dorothy Keane who raised 12 children, sending nearly all to Blessed Sacrament and Heelan High School and saw 60 grandchildren and great-grandchildren attend Heelan.

You might do what Tom ’65 and Mike Keane did: Reach out to siblings and grandchildren to request donations to a scholarship fund at Heelan named for mom and dad /grandma and grandpa.

Next spring a student will receive the first annual Dr. Kenneth and Dorothy Keane Memorial Scholarship.

In addition to receiving needed tuition support to attend Heelan, the student recipients will learn of the faith and values lived by Ken and Dorothy Keane for the rest of time.



Dr. Kenneth and Dorothy Keane

Karl Rasmussen ’92 Scholarship coming in 2023.

See page 19 for more information.

Was Our Heelan Auction Heaven?

Yes! The “Field of Dreams” Heelan Auction held April 6, broke all records in its 43-year history – raising nearly \$732,000 and attracting over 670 guests to support Bishop Heelan Catholic Schools.

It was just the second time the huge fundraiser was held in the new high school fieldhouse. Guests donned baseball attire while taking part in mobile bidding, a baseball challenge, a heads or tails game, a gift card grab and live auction.

Awards were also highlights. See below.

Alumni and friends bid at the event or from afar to support BHCS. The mega party is the sole fundraising event of the year to provide vital support for the Bishop Heelan School System.

Thank you to our Auction Chair Couples: Kris and Angela Aldrich, Brad and Jean Mollet, Chris and Cathleen McGowan, Josh and Jenny Nichols and John and Lisa Tritz. They represented Heelan High, Holy Cross, Mater Dei, Sacred Heart, the Cathedral Dual Language Academy and Heelan Alumni.



Chair Couples at Field of Dreams Heelan Auction.



Heelan teachers and staff enjoy the Heelan Auction.

Save the Date • Heelan Auction April 15, 2023.

They are True Crusaders

Brendan and Martha Burchard, fixtures in the Heelan family for more than 50 years, were honored as 2022 “Crusaders of the Year.”

Brendan retired this May, capping 53 years of teaching at Bishop Heelan – a record! See story on page 11.

Brendan '60 joined the high school staff in 1969 and taught physical education, world history and religion. He coached football, wrestling or track for 42 years and more. *See page 11.*



Martha and Brendan Burchard

Our Memorial Field grandstand is named after Brendan. Martha dedicated 42 years to Mercy Health Center as a registered nurse; Director of the ER and Trauma Center; and Director of Child Health, Volunteers and Auxiliary Services. She helped develop Mercy’s regional Level II trauma center, Mercy Air Care, the hospital’s Same Day Surgery program, the Mercy Child Advocacy Center and more.

For Bishop Heelan, Martha has organized Heelan Auctions, donor parties and mystery dinners, solicited countless gifts and served with Brendan as Heelan Auction Chairs – all to raise funds for our Catholic schools.

In addition to their six children, the Burchards are grandparents of 17 including 3 in our schools.

Brendan and Martha Burchard are devoted to their family, their faith, the wider Catholic community and Bishop Heelan. They are forever Crusaders of the Year!

“Duct Tape Dad” is a Top Volunteer

Jeremey Malenosky, named our “Distinguished Volunteer of the Year” is best known as the leader of “Duct Tape Dads” for Heelan’s Show Choirs, a group he started in 2008 when his son, Tyler ‘13 was performing.

Malenosky has spent 14 years transporting costumes, risers, props and band instruments to student performance sites. Then on stage his crew quickly assembles risers, mics and props before each Bishop Heelan performance and immediately strikes the set for the next show choir.

Malenosky also directs a crew to set up and tear down the huge stage used for the annual “Crusader Classic” Show Choir Invitational which attracts nearly 30 show choirs and 2,000 parents and fans.

He has volunteered for some 90 performances and continually recruits new dads every year.

Malenosky has set up for Heelan Madrigal since 2009 and runs the football game funnel cake stand for the music department.

For the Heelan Auction and All School Mass he works with others to cover the gym floor with protective tarp.

Jeremey and his wife, Kristen (Happe) Malenosky ‘91 are the parents of three Heelan grads and a freshman.

Jeremey Malenosky is an employee of Echo Electric Supply and a HERO at Bishop Heelan High School. He is our choice for Distinguished Volunteer of the Year for 2022!



Jeremey Malenosky

Class Notes

1950s

Bernie Schreiber '51, a former Bishop Heelan High School standout who also played at the University of Mississippi, was celebrated by the Crusaders in-between games of a doubleheader this past summer. A stand-out at Heelan he ended up at Ole Miss, where he was a four-year starter with the Rebels, hitting .343 in his four years there. He was proud of his Heelan team. "We were the only team in town that had a baseball team," he told Zach James, sports editor of the Sioux City Journal. "We played against a lot of the Catholic schools in the territory. You remember the good days."



1956 Class members gather at Heelan for a Chapel Mass and lunch.

Judith (Peters) Hotchkiss '59 and John (Stub) DeWitt '58 were high school sweethearts, but when Stub graduated in 1958, he went to Rockhurst College in Kansas City and their relationship faded away. When Judy graduated from Heelan a year later she headed west. They both married others and raised beautiful families. John lived in the Midwest and Judy in Los Angeles. When John lost his wife and Judy lost her husband the two reconnected, married each other and today enjoy "retirement" in California. We love stories like these. Judy and Stub look back on their time at Heelan as some of their favorite years and one of the foundations of their Catholic Faith. (Turns out "Stub's" nephew is Dr. John Jorstad '90, an excellent science teacher today at Heelan!)



Ted Karpuk '74, Lori (Karpuk) Moody '69 and Deacon Fred Karpuk '68 donated this St. John Paul II statue to Heelan's Chapel, named for the former Pope. Fr Shane Deman blessed and dedicated the statue. The Chapel is a vital and sacred place in our new high school.



1960s

Tony Jones '61 gave away his heart to his Heelan girlfriend when he gave her his Heelan letter sweater. Over 55 years later, she gave it back. Tony Jones '61 was a Cathedral kid, a Heelan band member and a track star who set records and earned letters for his years of Crusader competition. While at Heelan he enjoyed a two-year romance with his high school sweetheart, **Sally Ebel '63**. Tony left for Loras College, pursued the priesthood for a short time and then entered the Air Force. Sally moved on. She married Earl Foix '61 and Tony wed his wife, Marcia. Both couples settled in Omaha. When Tony ran into Sally several years ago he mentioned the sweater. Sally graciously gave it back. That sweater represents some special years of history. And now Tony has donated it to us. He still pursues another past love from his Heelan days, running. The '61 grad has completed 30 marathons. Thanks for the sweater, Tony and reminding us of cherished memories of high school sweethearts.



John Mansfield '65 speaking at Heelan's Veterans Day assembly, told students that veterans come in all sizes, ages, gender and ethnicities. "My mom was a Corporal in the Army Air Forces in WWII and my dad was a Petty Officer 2nd in the Navy in WWII," he said. "Veterans are not a one size fits all group, but I believe most share three common traits: a respect for and a belief in this country; respect for and belief in their fellow veterans and most have a belief in themselves, a sense of knowing what they can do and then getting the job done or the mission accomplished. **Kimberly (Bunkers) Carda '94 and Bryan Witlock '07** join Mansfield on stage.



Happy Retirement to these BHCS Employees

You may recognize most of these longtime Heelan and elementary school teachers and staff members that retired last May. Combined these nine served our Catholic Schools 315 years.

JoAnn Clemens '75, 21 years, Cindy Spenner (Spouse of **Bill Spenner '74**) 38 years, Julee Wendte, 43 years, Pam Wilmes (Spouse of the late **Mark Wilmes '63**) 24 years, **Mary Mousel '75**, 43 years, Denise Rolfes, 19 years, Pat Sitzman (50 years teaching at Heelan), Vickie Staiert, (24 years in Heelan Main Office) and **Brendan Burchard '60**, 53 years



The Class members of 1965 gather outside of Blessed Sacrament Church after the funeral of classmate Charlie Lanphier '65.



Class of 1965 friends enjoy a mini reunion in July.

Meg (Kelly) Evans '67, emailed us to comment on the Girls Basketball article in the 2021 Crusader Connection.

"I loved the article about John Adams and girls basketball at Heelan. Then the question "What girls sports were offered in 1971?" made me remember the



Meg (Kelly) Evans '67 is third from right.

wonderful times I had as a student athlete from 1964 through 1967. Carole Zebas, the P.E. teacher, knew she had some very athletic young women (written while biting my tongue) during those years, who wanted to play organized sports. She had us in an "inter-faith" basketball league. There were several teams. We played at the Jewish Community Center and maybe at the CYO and I think at a Methodist Church in Morningside. The uniforms we started out with were the God-awful snap down the front P.E. uniforms. The rules we started with were the 6 vs. 6 (no one crosses midline - you only get three dribbles). By the time we were seniors we were thrilled to have "rovers" (2 of the six players could cross midline) and I don't remember if unlimited dribble was available by then. Carole also organized a softball league. We didn't have as many games as we did in basketball! Thanks to all that experience at Heelan, I went on to play intercollegiate Volleyball (4 years), Basketball (4 years) and swimming (the 2 years they had a team) at Gonzaga University! Loved both my high school and college careers :)

Editor's Note.

Carole Zebas, an admired PE teacher among girls at Heelan from 1961 to 1971, was a champion for girls athletic competition long before it came to Heelan and Sioux City schools. She ultimately earned her doctorate degree and became a Professor in the Department of Health and Physical Education at the University of Kansas, Lawrence where she authored professional research on numerous exercise and kinesiology topics. After 34 years there she retired. She continues to reside in Lawrence today at age 85. Thank you Carole for your early dedication to girls athletics at Heelan!



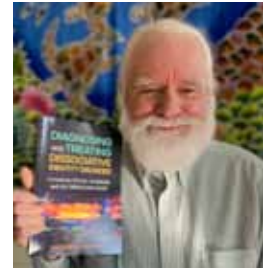
Class of 1967 members gather at Heelan for their **55th Reunion**.

Fred Karpuk '68, and his wife Beth celebrated their 50th wedding anniversary with a massive party in the backyard open to family and friends, including many members of Blessed Sacrament Church, Fred's church growing up in Sioux City. Brian Karpuk '93, Niki (Karpuk) Tedesco '95, Sarah (Karpuk) Fitzgerald '97, Allison (Karpuk) Grindle '01, Dan Karpuk '09 and Christopher Karpuk '10.



John Calhoun '67 and friends.

Greg Nooney '69, a social worker and therapist for more than 35 years, has written a book published by the National Association of Social Workers "Diagnosing and Treating Dissociative Identity Disorder: A Guide for Social Workers and All Front-Line Staff." "I have worked in community mental health centers for most of my 35+ years and have discovered that a number of clients have complex childhood trauma and attachment wounds," Nooney said. Learn more at gregnooney.com.



Class of 1972 Members Enjoy a Fun and Memorable 50th Reunion

1970s



Class members of 1975 gathered for a 45th reunion. (Another COVID-19 delayed but happy gathering.)



These Class of 1990 members missed their reunion due to COVID-19 safety delays, so they celebrated turning 50 years old. Instead, Happy Birthday Class of 1990!

1980s



Heelan Class of '82 State Football Champions reunite for a 40th reunion.

Robert Kull '85, Portfolio Supervisor at PREMIER Bankcard in Dakota Dunes volunteered with co-workers at the BHCS "Then Feed Just One" event last April joining over 800 students to assemble 110,000 meals "The meals are made once a year for the event for needy children in Honduras, and PREMIER Bankcard volunteered with eight associates at the local event," Kull said. "We look forward to continuing this relationship with Bishop Heelan in the future and reaching out with our volunteering."



A group of ladies from the Class of '86 get together during the year and now plan an annual Friendsgiving. From left, front: **Michelle (Turgeon) Rapp, Angel (Sitzman) George, Angie (Boyle) Heller**; Middle: **Jenny (Verzani) Morris, Mindy (Hall) Oberle, Wendy Erickson** and Back: **Kristi (Criswell) Franz, Tracy (Sitzmann) Stolen, Kelli (Blair) Horton** and **Amy (Watson) Derrick**.



Kristen (Happe) Malenosky '91 is now the district nutrition manager for the Bishop Heelan System overseeing the lunch programs for Heelan, Holy Cross and the Cathedral Dual Language Academy, working with Lunchtime Solutions. Kristen is helping today's teens eat a more nutritious meal than she did 30 years ago when she said her standard lunch was Heelan's "world-famous mashed potatoes, a candy bar and a coke from the vending machines." Sodas are now prohibited at Heelan and other schools.



1992 Class members Celebrates its 30th Reunion at Buffalo Alice in Sioux City.

Karl Rasmussen '92 of Jackson, Neb., died too young of pancreatic cancer and is now being honored with a Heelan scholarship by his friends and family. Karl was Homecoming King his senior year at Heelan and the subject of Brendan Burchard stories on character. After graduation he became a Master Sergeant with the 185th Air Refueling Wing. "While at Heelan, Karl was an all-around leader, a top athlete, excellent student, and just someone that everyone could relate to," said close friend Tony Vondrak '92. "He had a Gentle Giant demeanor, and people gravitated to him because of his big heart, modesty, and the kindness he showed to everyone. One thing that amazed me about Karl, that not a lot of his classmates knew, was the depth of his spirituality." A \$1,000 will be awarded annually to a student at Bishop Heelan who most closely displays the qualities of Karl. **To donate visit bishopheela.org/Rasmussen scholarship.**



1990s

John Osborn '90, widely considered the most outstanding opera tenor in the world today, will return to the Sioux City Orpheum March 11, 2023 to perform his "greatest hits" of opera. Osborn, honored as Best Male Singer at the International Opera Awards, will perform with his wife, renowned soprano, Lynette Tapia. Heelan welcomed Osborn back four years ago. Call for tickets at (712) 277-2111.





Amy Thompson '96 opened "Art Sux Gallery" to showcase the works of local artists in the Sioux City area. Located in downtown Sioux City in the former Karlton's men's clothing store, the gallery features artist studios, a main gallery, kids classroom space and space for the Hardline Coffee Company. Learn more at artsuxgallery.com

Brittany Linden '05's daughter Madelynn '33 (front) starred in "Seussical the Musical" this past summer, along with Heelan students, (many BHCS students and children of Heelan grads) Kaleb Carda, Emma and Elyse Vega, Hazel Ritchie, Emma Bertrand and Abby Demers and Raj Bishwokarma of Holy Cross School.

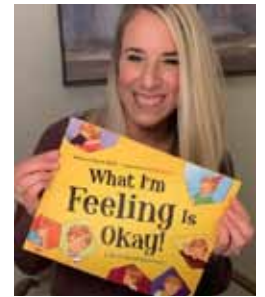


2006 classmates Joe Clark and Pat Bottaro in California give a thumbs up during a visit there with Tom Betz.



1997 Class Reunion members tour the CYO as part of their 25th Reunion.

Laura (Trizila) Shiff '08 published "What I'm Feeling is Okay!," a children's book about emotions as it follows a little boy through his morning routine. "Originally written for my 4-year-old son at the beginning of COVID, I wanted to normalize uncomfortable emotions for him and talk about and process his feelings during the school shutdowns." A former elementary education teacher, she connected book content to school standards and created bonus activities for preschool curriculum. www.LauraShiff.com. She is also a senior copy editor for the Mayo Clinic.



2000s

Heath Wright '00 is the Program Manager for UPs Operating Management Training and Field Management Training programs of Union Pacific Railroad. Last year he was one of three employees chosen to represent Union Pacific at the Apex Training Award ceremony.



Brendan Dougherty '09 now in Chicago and working for Google, recently married Anna Langhenry in Illinois and celebrated with a host of family members and friends including these Dougherty Heelan grads and their spouses: John Dougherty '17, Nicole and Jesse Dougherty '07, Katie Dougherty '11, Brendan and Anna, Maggie (Dougherty) Watkins '08 with spouse Brett, Ryan Dougherty '20 and Patrick Dougherty '15.



The children of **Tommy Mousel '04** cuddle baby Nora Elizabeth. Mom, Allie Mousel is our student support counselor in the Heelan Guidance office.



Nate '10 and Carli (Tritz) Berger '10 are now the proud parents of baby boy Luke, born after Carli's team upset Iowa and Iowa State to go to the Elite 8 at the NCAA tournament.



Rachael Tritz '05 celebrated her marriage to Bryce Riediger last year.

Hannah Feste '13 recently wed Ethan Pauly. The couple resides in Shakopee, MN.



In Memory

1940s

Rudy Salem '47 (Trinity) Sioux City, Nov. 5, 2021

1950s

Jackie (Cahill) Hartnett '50, Hubbard, NE, July 19, 2022
John Marley DDS, '50, Glenwood, IA, Dec. 30, 2021
Jeanette Orth '50, Sioux City, April 1, 2022
Helen Belt '51, Sioux City, May 16, 2021
Dorothy (Fitzpatrick) Hupke '51, Cherokee, IA, Feb. 9, 2022
Darrell Pranke '51, Sioux City, April 4, 2022
Marcella "Peg" Roberts '52, Sioux City, March 15, 2022
Patricia (McGrath) Soelberg '52, Mooresville, NC, Feb. 12, 2022
Donald O'Neill '52, Urbandale, IA Aug. 18, 2022
Donald Phipps '52, Sioux City, IA, April 8, 2022
Leonard Gill '53, Jackson, NE April 14, 2022
Bernadette (Guillaume) (Hiner) '53, Dublin, CA, March 6, 2022
Jerry & Margaret (Connors) Marley '53, South Bend, IN
William Manley '53, Akron, Iowa April 18, 2022
Joan (Bulzak) Jordan '53, Sioux City Jan. 14, 2022
Joan Mary Jordan '53, Sioux City, Jan. 14, 2022
Marcella (McGinnis) Wyers '53, Akron, OH, Jan. 23, 2022
Monica (Hupke) Johnston '54, May 27, 2022
Mary Lue (Fahnlander) Schneiders '54, Sioux City, Aug. 18, 2022
Hugh McDonald '54, Austin, TX, Feb. 25, 2022
Charles LaMere '56, Pueblo, CO, May 5, 2022
John Peters '58, Jefferson, Iowa, April 23, 2022
James Meyer '59, Englewood, CO, Nov 7, 2021
Carol (Brown) Widhalm '58, Norfolk, NE, Aug. 13, 2022

1960s

Daniel Conway, Sr., '60, Sioux City, Feb., 13, 2022
Dan Watson '61, Sioux City, Oct.31, 2021
Robert Gollhofer '61, Chandler, AZ, Aug. 21, 2020
Mary Lou (Thomazin) O'Gorman '61, Dakota Dunes, SD, Sept. 29, 2022
Mary Eugenie Mosher '63, Sioux City, Oct. 26, 2021
Eugene Wingert '63, Fredericksburg, VA, Sept. 2, 2021
Timothy Neuroth '64, Sioux City, Jan. 5, 2022
Charles Lanphier '65, Sioux City, Sept. 2, 2022
Dr. Tim Moreland '65, Charlotte, NC, Jan. 27, 2022
Linda Warwick '66, Sioux City, Feb. 22, 2022
Paul DeLange '67, Algona, IA, May 21, 2022
James Fox '67, Sioux City, June 27, 2021
Dan McGarry '67, Yankton, SD, Sept. 28, 2021
Mary Jauron Oakley '67, Sioux City, June 25, 2022
Sr. Kathleen O'Leary '67, Des Moines, July 31, 2022
Dale Slate '67, Sioux City, Aug. 19, 2022
Robert Zink '67, Sioux City April 19, 2022
Gayle (Vondrak) Cheever '69, South Sioux City, April 27, 2022
"Hank" Hendricks '69, North Palm Beach, FLA, May 15, 2022

1970s

Terry Coughlin '71, Sioux City, Aug. 2, 2022
Steven Reiter '73, Loveland, CO, Dec. 25, 2020
Michael Menke '75, Climbing Hill, IA, Aug. 25, 2022
David Konz '77, Sioux City, March 12, 2022
Steven Horner '77, Westminster, CO June 23, 2022
Bill Hammer '78, Ankeny, IA, July 22, 2022
Mark Wengert '78, Ames, IA March 13, 2022
Joan Renee McCarthy '79, Phoenix, Ariz., Nov. 3, 2021

x Indicates they attended but not graduated.

Please send In Memory information to tammy.eveleth@bishopheelan.org

1980s

Wendy (Verschoor) Sanderson '87, Memphis, Jan. 1, 2022
Marcy Jo (Senger) Martin '82, Sioux City, April 19, 2022
Carrie Dunne x'85, Sioux Falls, SD, June 18, 2022
Rachel (Lozano) Sowicki '89, Lewiston, NY. Aug. 31, 2022

1990s on Up

Kara (Steinkraus) Tornell '93, Clive, IA Dec. 22, 2021
Austin Blakey '26, (incoming freshman) May 27, 2022

Family Members

Mickey (Santi) Darrough, mother of Linda Santi '76, Sioux City, March 20, 2021
Ronald Dohrman, Iowa City, father of John, Eric and Amanda March 16, 2022
Anthony Vondrak, husband of Kris (Spenner) Vondrak '79, Merrill, IA, Aug. 4, 2022
Colleen Goodwin, mother of Michael '00 and Sarah '03, Sioux City, Jan. 5, 2022
Ellen McCloud Trobaugh, Sioux City mother of Bob McCloud '61, Denny McCloud '64, Reggie McCloud '69, Diane McCloud Cartwright '70, the late Greg McCloud '73, Mary McCloud Herndon '74, Mark McCloud '78, May 7, 2022
Bonnie Simon, wife of Martin Simon '56, Omaha, April 6, 2022
Francis Rodgers, Sioux City, mother of Colleen Hejmeyer, Patti Brower, Karen Fry, Debbie & James Rodgers, May 22, 2022
Jim Golden, Sioux City, father of (Jim) Kathy, Mike, Daniel, Kevin, Keith and Mary Beth, Feb. 11, 2022
Marcia Kiser Cahill, wife of John Cahill, Stone Mountain, GA, Oct. 10, 2021
Gary Maly, Sioux City, father of Aaron, William, Hannah, Kathleen and current Heelan student Teresa, Feb. 11, 2022
Lena Slowiaczek, Sioux City, mother of Mark Slowiaczek '71, Dec. 30, 2021
Dawn Hicklin, wife of Randy Hicklin '82, Sioux City, Sept. 10, 2022



Lost Two Great Ones this Year

We mourn the passing of **Sr. Colane Recker**, long-time Heelan Librarian and **Leonard Gill '53**, an extraordinary Heelan supporter. Sister served our students and faculty members, nurturing their reading, faith and studies. She celebrated her 60th jubilee with the Order of Saint Francis in 2019. Leonard served the Heelan family, virtually supporting all things Heelan. A successful business owner, sports fan, advisor, "connector," and witty Irish story teller, he was our first "Crusader of the Year" award recipient in 2020. They won our hearts at Heelan and they are missed.

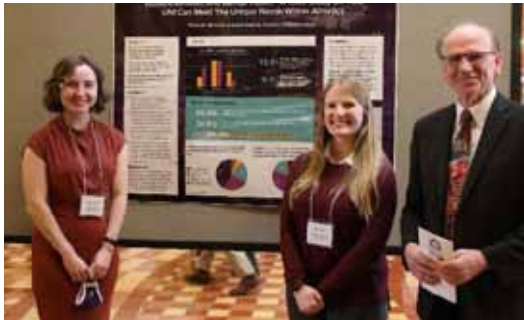
To submit a Class Note, an In Memory name, or change of address please email Janet.flanagan@bishopheelan.org

Class Notes continued.

Paige Rose '14 is now a recording artist and songwriter in Nashville has released an album "Not All Girls." She recently performed at Vangarde Arts in Sioux City and the Art Splash festival. She is getting some national attention with her latest release "Just a House". You can find her on YouTube of her Facebook page Paige Rose.



Emmalee Fannon '17, a graduate student at the University of Northern Iowa, was chosen by the UNI Honors Director to present her undergraduate thesis research at the 15th Annual Research in the Capital event last February. Her presentation "Graduate Student Knowledge and Skills in Infant Feeding Following High-Emotion Simulator Training" was part of a day that highlights research being conducted at Iowa Regent Universities. Here she is with the co-author and State of Iowa Representative Steve Hansen in Des Moines.



James Saulsbury '17, an Iowa State mechanical engineering major, designed a new drawer bracket for Math teacher Laura Grebasch that came off a 3D printer in Nanette Fladung's science classroom. "I purchased my first 3D printer in the summer of 2018 with the money I had saved up from the military," James said. He's honed his skills on a variety of items since.



Gengler Named Top Female Athlete

Ellie Gengler '21 was named Metro Female Athlete of the Year by the Sioux City Journal. The Journal started Athlete of the Year honors in 1981, naming stars from Heelan, North, East, West, SBL Dakota Valley and South Sioux City. Of the 40 female Athletes of the Year, Heelan athletes have received the honor 11 times, more than any other school. They are (using maiden names): **Carey Calvert '82, Chris Condon '84, Angie Streeter '93, Abby Lemek '00, Christi Huigens '02, Michelle Lund '08, Carli Tritz '10, MaKayla Augustine '13, Grace Hanno '16, Lexie Stolen '17.** The list sparks great memories.



Aubree Kueny '19 earned her degree from St. Luke's College so she could help improve the health of others! Now she works as a respiratory therapist at the Mayo Clinic in Rochester, Minn. Aubree underwent brain surgery while a student at Heelan, which inspired her to pursue a career in healthcare.



Airman Megan Bauer, a '21 Heelan grad graduated from the Air Force base at Lackland and now attends Iowa State next month. She joins brothers who also graduated from Lackland: Senior airman **Nick Bauer '18**, a jet engine technician in the Air Guard and employed at Quality Backhoe; and Airman 1st class **Taylor Bauer '19**, an Iowa State student who works in Avionics for the Guard. Proud parents of these 3 military kids are **Matt Bauer '88 and Karen (Grieve) Bauer '89.**



Class of 2002 recently held their 20th reunion.